

FAST FACTS

about St. Elizabeth's Medical Center

Mission

St. Elizabeth's Medical Center is committed to providing the highest quality care with compassion and respect. We dedicate ourselves to: delivering affordable health care to all in the communities we serve; being responsible partners in the communities we serve; and serving as advocates for the poor and underserved in the communities we serve.

Medical Center

- Founded in 1868
- 267 Licensed Beds
- 600 Physicians

2015 Statistics

Admissions (Inpatient)	13,423
Births.....	1,028
Emergency Department Visits	30,600
Surgeries	7,000
Outpatient Visits	78,948
Transfers from Other Hospitals.....	2,300
Charity Care.....	\$2.9 million

State-of-the-Art Technology

- MRI 3-D Cardiac Mapping
- Transthoracic & Transesophageal Echocardiogram
- Endoscopic Ultrasound & Spyglass
- QRMA Noninvasive Optimal Vascular Analysis
- Trilogy Stereotactic Radiosurgery System
- Tomosynthesis- Three-dimensional (3-D) Mammography
- da Vinci Robotic Surgical System
- eICU
- New England's only 256-slice CT scanner in an Emergency Department
- CardioMEMS HF System
- CorPath Robotic-Assisted Angioplasty
- Cardiac Echo/Intravascular Echo
- Cardiac Hemodynamic Monitoring System
- Intravascular Ultrasound Unit



Accreditations and Awards

- **Healthgrades Distinguished Hospital Award for Clinical Excellence for 2015**, ranking it among top 5 percent of hospitals in nation
- **One of Healthgrades America's 100 Best Hospitals for Cardiac Care** for 4 years in row (2013-2016)
- **A Leapfrog Top Hospital for 2015**, and a consistent "A" hospital patient safety grade
- One of the nation's **50 Top Cardiovascular Hospitals by Truven Health Analytics**
- CareChex® – a division of Comparion® names St. Elizabeth's among **Top 100 Hospitals in the Nation for Medical Excellence** for Coronary Bypass Surgery, Cardiac Care, and for **Patient Safety** for Major Cardiac Surgery for 2016
- American Heart Association Get With The Guidelines®-Heart Failure Silver Plus Quality Achievement Award
- Ranked among top 5 best hospitals in Metro Boston by *US News & World Report*
- More than 30 members of our medical staff named to the Prestigious 2015-2016 Best Doctors in America® List; 41 physicians selected to Castle Connolly Medical's "Top Doctors"

About St. Elizabeth's Medical Center

St. Elizabeth's Medical Center, a Tufts University School of Medicine teaching hospital, is located in the heart of Boston's Brighton neighborhood. St. Elizabeth's Medical Center was founded in 1868 by five laywomen members of the third order of St. Francis to care for women from Boston's South End. Today, St. Elizabeth's is consistently recognized for providing the highest quality care to our community.

About Steward Health Care

Steward Health Care System is a community-based health care organization with 3,000 physicians, 10 hospital campuses, and 24 affiliated urgent care provider locations. As an integrated, cost-effective accountable care organization, Steward is committed to providing the highest quality of patient care in the communities where our patients live.

Steward is widely recognized as a national leader in implementing a new model of integrated health care delivery. Steward's model takes care of patients from wellness and care management all the way through their end of life. To this end, Steward functions as an integrated care organization with over 90 percent of its commercial lives and over 80,000 Medicare members in the Medicare Pioneer Accountable Care Organization (ACO) under a form of global payment. Steward also puts at risk a substantial amount of its revenue based on quality outcomes. By providing health care services in a coordinated and more efficient manner, Steward is able to control costs while dramatically improving quality, eliminating care fragmentation and reducing duplication of services in the delivery of health care.

A Patient & Loved One's Guide to St. Elizabeth's Medical Center

Your loved one is being transferred to St. Elizabeth's Medical Center, a Steward Family Hospital, in order to receive the care necessary for the best possible outcome. The following is information that can help orient you to the St. Elizabeth's campus when you arrive.

St. Elizabeth's Medical Center is located in the Brighton neighborhood of Boston. You will either be taken to the Emergency Department, or to a patient floor. Please ask the nurse coordinating the transfer to mark the address to which you should proceed.

- ❑ **Main Entrance & Parking Garage B:**
7 Nevins Street
Brighton, MA 02135
- ❑ **Emergency Department:**
255 Washington Street
Brighton, MA 02135

Mailing Address:
736 Cambridge Street
Brighton, MA 02135

Visiting Hours

Family and friends may visit a patient at any time during their hospital stay. The only restrictions on visiting hours are based on a patient's medical condition or limitations set by their physicians.

Getting Here

From the West

- Take the Massachusetts Turnpike (I-90) East to Exit 17 (Newton-Watertown).
- Go straight and take the second right onto Park Street, following signs for Brighton.
- Take the first left onto Tremont Street and follow for approximately one mile until it connects to the right with Washington Street.
- Continue on Washington Street for approximately one mile to the medical center.

From Downtown Boston or I-93 North or South

- Take I-93 to the Massachusetts Turnpike (I-90) West.
- Follow the Mass Pike to Exit 20 (Brighton-Cambridge).
- Proceed through the tollbooth and bear left towards Allston/Brighton (Cambridge Street).
- Follow "H" signs for approximately 1.5 miles to the medical center.



Contacts

Main Number/Operator	617-789-3000
Admitting/Billing	617-789-2700
* For questions after insurance has been billed please call	877-228-3873
Emergency Department	617-789-2666
Medical Records	617-789-2870
For radiology films, call	617-789-2753
Spiritual Care	617-789-3045
Patient Advocate	617-789-2040
Physician Referral Service-DoctorFinder...	800-488-5959

Learn More

For more information, visit www.semc.org or call Nikkie Mulkern, Monday-Friday, 8 a.m.-4 p.m.

Nikkie Mulkern, Director of Community Health
Cell - 781-790-6196
Email - nicole.mulkern@steward.org

www.semc.org/patient-visitor-information

Main Number- 617-789-3000

**St. Elizabeth's
Medical Center**

Steward

A Patient & Loved One's Guide to St. Elizabeth's Medical Center



ATM

A Bank of America ATM is located off the main lobby, near Elevator G.

Car Rentals & Taxi Services

Enterprise Rent-A-Car

292 Western Ave., Allston, MA
617-783-2240

Hertz Rent-a-Car

414 Cambridge St., Allston, MA
617-787-2894

BayState Taxi

617-730-5600

Dry Cleaning

Star Dry Cleaner & Laundromat

1439 Commonwealth Ave., Brighton, MA
617-254-8830

Zoots Dry Cleaning

175 Market St., Brighton, MA
617-202-5262

Gift Shop

Located on the 4th floor near the main entrance. The shop carries gift items, newspapers, magazines, candy and toys.

Internet

Free Wi-Fi gives patients, family members and visitors easy access to the internet. Please select StewardGuest internet. You will be prompted to accept the terms and conditions.

Lodging

Hotel Boston

1650 Commonwealth Ave., Brighton, MA
617-566-6260
Apr.-Oct. \$139; Nov.-Mar. \$119. For online booking, use promo code STELIZABETH.

Envision Hotel

81 S. Huntington Ave., Boston, MA
617-383-5229

15% off current price. Rates begin at \$169. Complementary cab vouchers to and from the hospital.

Prices subject to change. Please visit our website for additional hotels in the area. Please note that documentation of care may be required by the hotel.

Parking & Valet

The parking garage is located near St. Elizabeth's main entrance on Nevins Street. Garage B, is at the top of the hill to the left. Valet parking is available at the Main Entrance and the Emergency Department. Visit our website for hours and rates.

Spiritual Care

The Chapel, located off the main lobby, is open 24 hours a day for prayer and meditation. Mass is celebrated daily: Monday through Friday at noon; Saturday at 4 p.m.; and Sunday at 8 a.m. Mass can be viewed on channel 3. Hospital chaplains are here to accompany and support you during your stay. Interfaith chaplains are available 8 a.m. to 4:30 p.m., Monday through Friday. A priest or chaplain is available 24/7 for emergencies. To contact a chaplain, call 617-789-3045. If it is an emergency or outside of operating hours, please call 617-789-3000 and ask for a chaplain to be paged.

Accommodations for Families of Our Jewish Guests

We offer those of the Jewish faith access to Boston's first bikur cholim (visiting the sick) room. This room, a place to rest, pray and eat, is located on 6 EAST (take elevator B) and includes a supply of kosher food, prayer books and other religious items, as well as comfortable furnishings and a kosher refrigerator and microwave. The room is stocked with kosher food and furnished in partnership with ROFEH (Reaching Out, Furnishing Emergency Healthcare). Please check with your nurse if you need access to the room.

Interfaith Chapel

There is an interfaith chapel on 7 East (take elevator B) available 24/7 for quiet prayer and reflection.

Retail Pharmacy

CVS Pharmacy (open 24 hours)

181 Brighton Ave., Allston, MA
617-779-7313

Walgreens

465 Cambridge St., Allston, MA
617-254-0104

Restaurants & Medical Center Dining Options

There is a cafeteria and Dunkin' Donuts located on the 4th floor near the main lobby. Please visit our website for hours of operation and menu selections.

Brickhouse Pizza & Grille

256 Washington St., Brighton, MA
617-789-5559

Dash Café

5 Henshaw St., Brighton, MA
617-254-2797

Devlin's

332 Washington St., Brighton, MA
617-779-8822

Jim's Deli & Restaurant

371 Washington St., Brighton, MA
617-787-2626

Green Briar Restaurant & Pub

304 Washington St., Brighton, MA
617-789-4100

Stockyard Restaurant

135 Market St., Brighton, MA
617-782-4700

Shopping

Prudential Center

800 Boylston St., Boston, MA
617-236-3100

Watertown Mall

550 Arsenal St., Watertown, MA

Featured Departments

For a complete list of services, please visit www.semc.org/services

For more information on our physicians, please visit our website and click on DoctorFinder



Cancer Care

Christopher S. Lathan, MD, MS, MPH

Medical Director, Dana-Farber Cancer Institute at St. Elizabeth's Medical Center

St. Elizabeth's Cancer Care Program gives patients access to some of the area's leading board-certified medical and surgical oncologists, as well as highly skilled radiologists, pathologists, nurses, cancer care nurse navigators, therapists, dietitians, social workers, and other professional support staff dedicated to treating cancer patients.

Our multidisciplinary team offers a high level of clinical expertise in preventing, diagnosing, and treating all types of cancer, and treats our patients and families with compassion and care from diagnosis through treatment to recovery.

Cancer care services include:

- Dana-Farber Cancer Institute at St. Elizabeth's Medical Center for medical oncology and hematology care
- Radiation Oncology Center complete with state-of-the-art technology, including a Varian linear accelerator, high-dose radiation and two 56-slice CT scanners
- da Vinci® Surgical System for gynecologic and prostate cancers
- Comprehensive laboratory services
- Clinical research trials
- Community health screenings, prevention education and support groups



Cardiac Surgery

Arvind K. Agnihotri, MD

Chief of Cardiac Surgery

Top-ranked surgeons at the Center for Advanced Cardiac Surgery perform some of the region's most state-of-the-art cardiac surgeries available, offering high-quality, advanced treatment options ranging from complex cardiac surgeries to minimally invasive procedures, including robotic-assisted procedures. Led by Dr. Arvind Agnihotri, each surgical procedure is tailored to the individual patient with a specially trained cardiac surgery team working together to provide comprehensive care before, during, and after surgery.

St. Elizabeth's Steward Center for Advanced Cardiac Surgery holds a number of quality distinctions and awards, scoring competitively with surrounding Boston hospitals for quality measures in overall recommended care, overall heart attack care, overall heart failure care, and overall surgical care. Leapfrog ranked St. Elizabeth's number one in Boston for heart bypass surgery (surgical quality and cost) and heart attack (care quality and cost).

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Cardiology and Vascular Medicine

Joseph P. Carrozza, Jr., MD
Chief of Cardiovascular Medicine

The Cardiology and Vascular Medicine Center at St. Elizabeth's Medical Center is committed to providing most advanced technology, compassionate care, and advanced treatments that rank among the best in the area and are tailored to the patients' needs. Led by Dr. Joseph Carrozza, chief of cardiovascular medicine, our physicians are experts at performing transcatheter aortic valve replacement (TAVR), which is a less invasive procedure that provides better outcomes for our older patients, especially for those who have other chronic conditions.

As part of St. Elizabeth's integrated cardiac program, our onsite, state-of-the-art catheterization lab is staffed by specially trained physicians, registered nurses, and technicians who use catheter-based techniques to quickly and accurately diagnose and treat various forms of heart disease without surgery. In addition, our arrhythmia and electrophysiology (EP) services provides the latest diagnostic assessment, and medical and surgical treatments for patients with arrhythmia.

In the summer of 2016, St. Elizabeth's earned the distinction of being the first hospital in New England to implant a cutting-edge dissolving heart stent that disappears within three years after surgery, which could prevent the irritation and clotting caused by its metal predecessor.



Critical Care

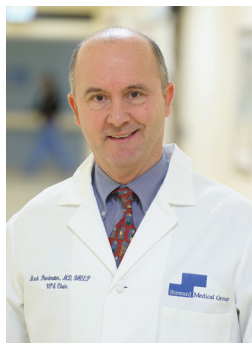
Rae Allain, MD
Medical Director, Intensive Care Unit Team

St. Elizabeth's new 24,000-square-foot intensive care unit (ICU) offers 28 private rooms to better care for critically ill patients. The Steward eICU offers another layer of critical care service to benefit outcomes for our most critically ill patients. The Intensivist Program coordinates multiple physicians during the patient's intensive care stay, including sophisticated support services such as pulmonary, cardiology, and pain management.

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Emergency Care

Mark D. Pearlmutter, MD

Chair & VP of Emergency Medicine, Radiology and Pathology

Services offered by St. Elizabeth's Emergency Department include:

- Adult, OB-GYN, pediatric and psychiatric emergency medical services
- In-house consultants for all medical and surgical specialties
- Immediate access to critical hospital services such as diagnostics and imaging, allowing for expedited evaluation and treatment
- Boston's only 256-slice CT scanner in an emergency room to provide more accurate diagnosis of a variety of medical ailments
- Coordinated care throughout the spectrum of medical specialties resulting in comprehensive medical care
- Patient-centered care that honors privacy and the patient and family's right to participate in care
- Expedited triage, bedside registration, and 32 treatment rooms to reduce wait time
- 24-hour access to emergency cardiac catheterization and the Stroke Center



Neurosurgery

Stephen M. Gutting, MD

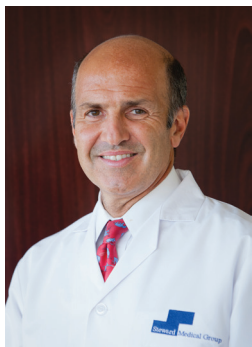
Chief, Neurosurgery

Comprehensive neurosurgery ensures patients receive the care they need. In partnership with Boston Medical Center, the Neurosciences Center at St. Elizabeth's is a full-service clinical and academic program that provides patients with the newest clinical treatments in this specialized field, using advanced image-guiding technology and minimally invasive and open techniques to provide safe and successful treatment of complex cranial issues, complex brain tumors, aneurysms, movement disorders, epilepsy, and more. In addition, St. Elizabeth's team specializes in complex spinal fusions and instrumentation, and cervical, thoracic and lumbar spine disorders.

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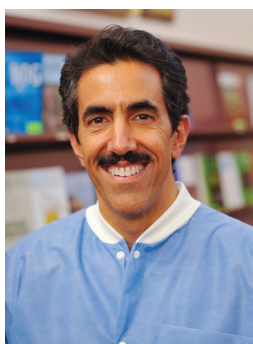


Orthopedics

Thomas J. Gill, MD
Chairman, Department of Orthopedics

The multidisciplinary team of orthopedic specialists and support staff excels at creating individualized treatment plans for each patient. This highly skilled team of surgeons, physician assistants, nurses, rheumatologists, athletic trainers, and therapists work together to ensure every orthopedic patient receives the highest quality of care available.

St Elizabeth's employs the most up-to-date medical and surgical treatments for injuries that sideline any level of athlete. The Bone and Joint Center is one of the few in the country to use less-invasive arthroscopic surgery techniques to repair shoulder rotator cuff injuries. It also uses state-of-the-art arthroscopic surgical techniques to repair anterior cruciate ligament (ACL) knee injuries. Our sports medicine program is led by nationally-renowned physician Dr. Thomas Gill who earned his reputation serving as medical director for the Boston Red Sox, head team physician for the New England Patriots and team physician for the Boston Bruins.



Otolaryngology

Peter J. Catalano, MD, FACS
Chief of Otolaryngology and Director of Research

Otolaryngology or ENT offers patients physicians, audiologists, and support staff who are trained to diagnose and treat ear, nose, and throat conditions. With on-site CT scanner capabilities, state-of-the-art treatment rooms, and same-day consultations with multiple specialists, St. Elizabeth's routinely works to ensure that each patient's individual needs are met.

- The ALL-EARS Institute for Hearing and Balance Restoration is designed to assess, diagnose, and treat each individual's hearing loss and/or imbalance with the goal of restoring quality of life. ALL-EARS, led by the esteemed Dr. Peter Catalano, is world-renowned for their expertise in pioneering surgical procedures for implantable hearing devices. St. Elizabeth's program is the only center in New England certified to use every type of implantable and semi-implantable hearing technology.
- The Minimally Invasive Nasal and Sinus Institute offers patients innovative options in the treatment of nasal obstruction, sinus disorders, and obstructive sleep apnea, among other conditions.
- Care of Voice, Swallowing, and Head and Neck Center provides comprehensive treatment regimens to patients with a variety of disorders, including head and neck cancer.

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Surgery

Frank B. Pomposelli, Jr., MD
Chair, Department of Surgery

Patients have access to among the most experienced surgeons in the region, offering a broad array of minimally invasive surgical options available. These procedures can mean less pain, fewer stitches, faster recovery and shorter hospital stays.

St. Elizabeth's has one of the lowest rates of surgical complications in the nation, and a patient satisfaction rate that is among the highest in New England. It was nationally recognized in 2015 by CareChex as one of the top 10 percent of hospitals in the nation for surgical excellence.

Procedures are carried out in state-of-the-art operating rooms with the latest technologies and equipment, including the da Vinci surgical robot.



Thoracic Surgery

John C. Wain, MD
Chief, Thoracic Surgery

In coordination with our Department of Pulmonary, Critical Care and Sleep Medicine, our Thoracic Surgery Department, led by Dr. John C. Wain, the first surgeon in New England to perform living related lung transplantation and world-renowned airway surgeon, offers treatment for complicated conditions, including esophageal and lung cancer, mesothelioma, sarcoma, and chest wall tumors.



Urology

Ingolf Arthur Tuerk, MD, PhD
Chief, Division of Urology and Director, Robotic-Assisted Surgery Program

St. Elizabeth's Urology Services Department consists of a multidisciplinary team of some of this country's leading experts in the medical and surgical treatment of urologic conditions and cancers.

The Robotic-assisted Surgery Program is led by Dr. Ingolf A. Tuerk. He specializes in minimally-invasive, robotic and laparoscopic procedures and treating cancer of the prostate, kidney, bladder, and testis. He has performed approximately 2,500 robotic prostatectomy procedures at St. Elizabeth's since 2008 – among the most by a single surgeon in the region.

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Vascular and Endovascular Surgery

Nikhil Kansal, MD, FACS

Chief, Division of Vascular and Endovascular Surgery

The Center for Vascular and Endovascular Surgery at St. Elizabeth's Medical Center is renowned for its high-quality, cutting-edge vascular and endovascular surgery capabilities. These range from complex surgeries for advanced arterial or peripheral vascular disease, to minimally invasive approaches, to cosmetic treatment of fine spider veins.

The innovations in the Center for Vascular and Endovascular Surgery range from being the first hospital in the nation to apply multidisciplinary care to peripheral vascular disease and continues to set the standard for care to serving as the first hospital in Massachusetts to implant the innovative EndoVascular Aneurysm Sealing (EVAS) from Nellix™ as part of the EVAS FORWARD investigational trial to treat more anatomies than currently approved endovascular stent graft devices.



Women's Health, including Breast Care, Gynecologic Oncology, and Advanced Gynecologic and Obstetric Services

Isabel Morais, MD, FACOG

Chair, Department of Obstetrics and Gynecology

St. Elizabeth's is dedicated to maximizing women's health, starting as a young adult through advanced age. Among our expertise includes:

- Steward Health Care's only level III Neonatal Intensive Care Unit offered through a clinical collaboration with Brigham and Women's Newborn Care Physicians, a nationally recognized leader in comprehensive newborn medicine. The NICU is staffed 24/7 by a Brigham and Women's Newborn Care Physician.
- The Center for Breast Care at St. Elizabeth's Medical Center offers women of all ages comprehensive and coordinated breast health, education, and diagnostic, surgical and treatment services.
- Advanced gynecologic oncology services led by Dr. Michael A. Steller, a pioneer in the development of the HPV vaccine.
- Advanced, minimally invasive gynecologic surgery, including robotic surgery, for a variety of gynecologic conditions, such as endometriosis and fibroids.